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# LOOSE ENDS:

↪ A BRIEF GUIDE ↩  
TO KNOCK OUT YOUR HOMEWORK

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CollegeHomeworkTips.com

## Tools that were used to create this guide:

 [Grammarly](#)

 [Marinara Timer](#)

## Sources:

 [Google](#)

 [Wikipedia](#)

 [Reddit](#)

## Special thanks:

💡 Thanks to [John Reed](#) for helping us to proofread our guide and giving valuable advice.

💡 Special appreciation to SpeedyPaper for supporting our project and providing us with an experienced advisor. This team of qualified writers and academic advisors helps students cope with assignments, essays, and other study routines! Don't miss the chance to boost up your grades! Furthermore, they have a special discount for you guys!

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# What Is Wrong with Well-Trodden Recommendations that Don't Produce Results?

No one is going to deny that every student faces numerous problems and issues, and some of them are extremely hard to cope with. The key point is that unsolved issues have a tendency to fester up to the moment when we find it impossible to do at least anything. In such agony, we try to find efficient solutions capable of saving us from the disastrous consequences of our improper actions made worse by endless external reasons and internal excuses.

What do we do then? Well, we mostly try to find a heaven-sent opportunity, almost a miracle, some sort of magic potion to finish all our homework and forget about all our worries once and forever. The Internet is a key source for us to look for the best methods and solutions, but how does it work when it comes to studying?

## Are All Pieces of Advice Equally Useful?

In case you nurture a plan to find a real way to do your homework fast or force yourself to do it, you may find a lot of guides promising you quick and reliable answers. The fact is that after reading a couple of them, it gets clear that you are generally advised to do the same things:

-  find a cozy and comfy place to study
-  turn off your smartphone
-  take short breaks
-  set aside restricted time for each assignment
-  reward yourself, etc.

These and similar recommendations look pretty nice at first glimpse, but they don't work in practice or are good at the beginning and a brief period of time. Lots of students follow them blindly and try to get a miraculous cure for their ongoing matters today. As a result, a new wave of disappointment or even desperation

batters them. It affects you as well, even don't try to deny it: the number of assignments is growing rapidly, psyching you out, and you start drowning in this homework mess. It influences every student sooner or later.

Something is missing in this construction and doesn't let us feel the desired freedom and relief. Homework becomes a horrible affliction, and it makes us weak and pathetic by cutting the ground from under feet and letting us be adrift.



As a matter of fact, just a few of us can really cope with all problems after taking well-spread pieces of advice. Why do some people find it possible to achieve new goals and resolve problems pretty quickly, whereas such a burden is unbearable for others?

## The Real Roots of the Problem

It is all about discipline! Right, the practice of training people to obey rules or orders and punishing them if they do not is the key factor that helps someone succeed. It's hard to find an Olympic champion who has achieved incredible heights without practicing. You will find it difficult to express your thoughts clearly while speaking a foreign language without proper training and discipline. You cannot pilot duly and become an ace if you don't practice and don't follow the set plan and rules.

## Misused Advice and Indiscipline

One more factor is the wrong recommendations or their misinterpretation. They just don't help or don't work efficiently enough to lead us to the point of no return, a milestone where we could easily follow past practices, keep the path. Our unwillingness to avoid doing things we don't like is a natural mechanism protecting us from stress. For example, homework is a permanent source of stress, an irritating point we constantly try to get rid of by procrastinating and making up excuses why we don't want to do it right away or in general. This difficulty will never end unless we change an approach to it.



A lack of self-discipline is our key problem. We feel sorry for ourselves and want to devote time to our laziness, more interesting but less important things, our fantastic fears, and self-flagellation, of course.

First of all, you have to understand what you want to change and why, and after this, it's time to achieve your aims via self-discipline. Naturally, it's easy to say, but how to do it, how to become a disciplined person? Start with simple things. For example, make the bed every morning if you haven't done it yet. Make it an ironclad rule and follow this simple rule every day, even if you oversleep or in a hurry.

If you have done it consistently and successfully for a week or two, introduce one more rule, for instance, going to sleep before midnight. In case these two hypothetical rules are implemented properly, add another one. Let's say, complete all your ordinary assignments two days before the planned deadline. The main rationale is raising the bar with every effectively introduced rule.

## Constant Training as the Way to Long-Run Objectives

It's no use undergoing a 180-degree turn, trying to encompass everything you want to be changed. The important thing is not to hurry by introducing dozens of rules at the same time, as you are likely to give up easily in this case in a couple of days or weeks because you'll get tired of all these things.

An athletic training principle works here as you should increase the load gradually to achieve a so-called 'progressive discipline' in things you do daily. It's impossible to become a professional athlete after ten exercises, and naturally, you can't become a super-disciplined person for two weeks. You should adjust your mindset and routine skills, having been established in your consciousness for ages, to a brand-new reality.

## Haste Is Not an Option

Obviously, such miscellaneous things can't be changed cardinally over the weekend. That's why you have to keep in mind a crucial thing that fast solutions and methods are totally ineffective. You have to be ready to play the long game, and this strategy will be correct, proper, and the most effective in the end.

Thus, it's vital to handle your routine before coping with homework. So, make up a list of five or ten routine things you don't do by making up excuses but realize that they should be done. Take a look at the sample, which doesn't necessarily coincide with your real needs and can be easily adjusted.

- Make the bed every morning
- Organize your room
- Start eating breakfast
- Take out the litter daily
- Prepare your daily to-do list beforehand
- Go to bed before midnight
- Clean up the mess instantly
- Stop making up excuses, etc.

The important thing is being honest with yourself. Don't omit the planned changes, finish your new routine daily, and hold off on introducing new rules.

## Raise the Bar Gradually and Be Proud of Achievements

As a result, you'll start noticing that you can successfully complete routine tasks you don't like doing despite the prevailing notion that all these tasks are time-consuming. You'll definitely realize that you have more free time and can keep up-to-date with the trivial round. Moreover, you may take pride in the actions you do as well as feel satisfaction. Numerous things you couldn't stand a couple of months ago seem quite ordinary and easy now.

Your recent progress strengthens the desirable self-discipline and replaces never-ending disappointments with contentment. We are all familiar with the awkward feeling of broken promises when we intend to do something for our own sake but never start doing in the end. You have totally different feelings now as success breeds confidence and more success.

The more you succeed in completing smaller routine issues, the more difficult tasks you can sort out because you are strongly motivated. In this case, if everything goes pretty well, you are ready to implement this approach to your studies.

## Taking Advice Isn't Enough. You Need a Plan

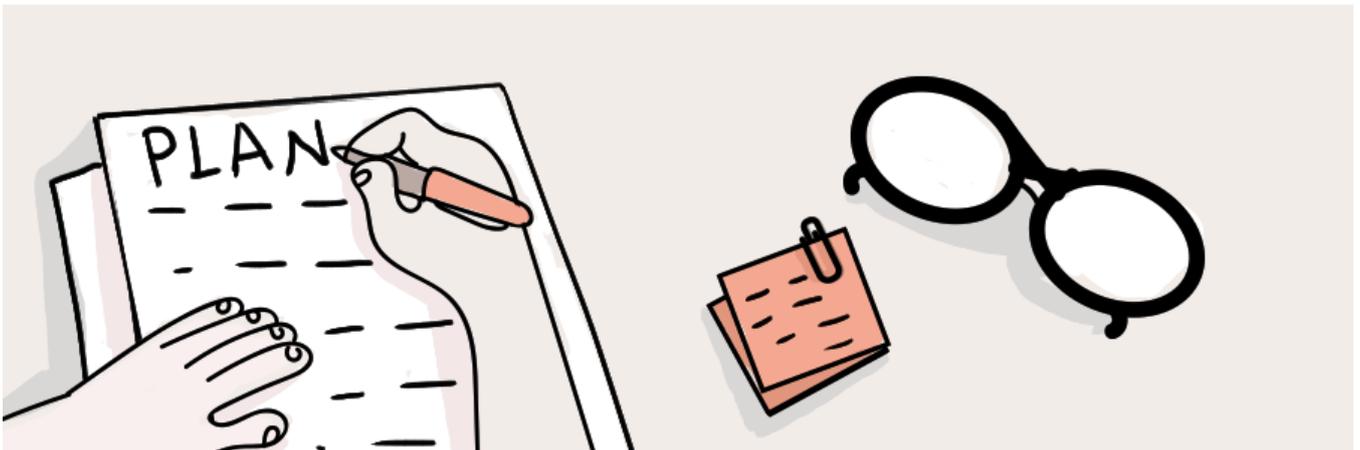
It doesn't really matter what you want to enhance in your life, whether it will be your hobby, studies, business, sports achievements. The key principles remain the same, and simple recommendations like 'find a cozy place' or 'turn relaxing music on' won't help. Such pieces of advice don't necessarily mean complete inefficacy. In fact, such things may work, but they work as auxiliary constituents, pleasant bonuses that add extra value to your efforts. They minister your success but can't replace the main principles.

Apart from self-discipline, which is crucial, you have to learn shrewd planning. This skill will definitely work for your benefit in the future because if you

can prearrange your homework, you will be able to plan your work after graduating from college. In fact, you will be forced to improve this skill at work unless you want to be a gardener without ambitions till your dying day.

## How to Draft a Great Plan?

Nevertheless, it remains unclear how to start planning properly. One of the most efficient ways is using a SMART model utilized by thousands of companies worldwide. This model gives criteria for setting objectives and helps with planning. It's comprehensible and allows you to keep an open mind on your achieved results and performance, which are extremely important regarding your purposes. Naturally, it can be applied to your studies.



SMART is a mnemonic acronym referred to the following words: specific, measurable, assignable, realistic, and time-related.

While talking about specific, it's important to answer the next questions:

- ✓ What precisely should I do with my assignment?
- ✓ What benefits do I want to gain from doing homework?
- ✓ Who will be involved apart from me?
- ✓ Where will it happen?
- ✓ What restrictions and requirements are there?

The second criterion indicates the importance of evaluating progress. Thus:

- ✓ How much has already been done?
- ✓ How to tell that the assignment is done?

While talking about an assignee, it's about you in this case:

- ✓ Do I understand how to do my homework?
- ✓ Do I understand all criteria?
- ✓ Am I ready to hold responsibility for completing my assignment?

It's clear that planning requires a realistic scenario. So, you have to take into account the availability of time, money, competence, and other necessary resources and tools:

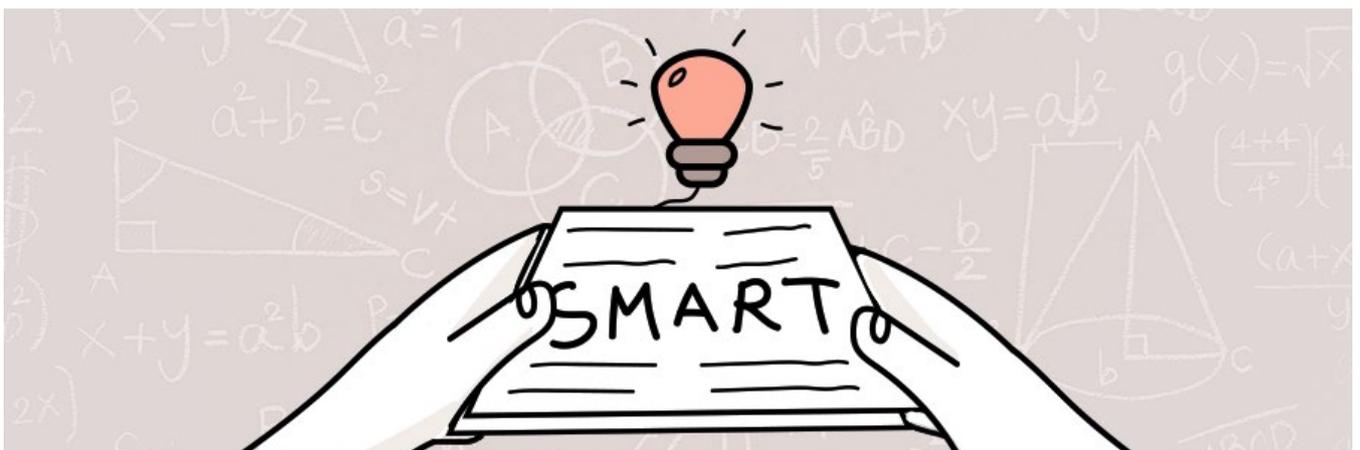
- ✓ How can I complete my assignment?
- ✓ What steps should be undertaken?
- ✓ How much time, money, competence, etc. do I need?

Being time-related, your goals require realistic deadlines in order to avoid panic and attempts to make up for the lost time:

- ✓ When do I plan to finish?
- ✓ What homework should I do in a month?
- ✓ What assignments can be done today?

You will be able to evaluate your capabilities critically and achieve the set aims. It means that your homework will be properly measured and done on time in a situation applicable to you. Smart planning will help distribute an assignment burden equitably so that it won't be even a problem anymore.

This skeleton can be easily covered with additional recommendations, like sleeping well, listening to music, taking regular breaks, removing distractions, and so on, as they can create a united string with your main planning model and self-discipline.



## Let's Total Up the Pluses

It is about time to summarize once again the key points and nick them down.

### Be Ready to Play the Long Game

First of all, fast solutions don't exist, you have great work to do, and it takes time. All the measures you are going to undertake should be regarded as some sort of training.

### One New Rule at a Time

Secondly, it's about time to introduce new rules one by one and be completely honest with yourself when it comes to implementation. Later on, your new routine and new rules can be applied to education and boost the academic progress, speed you up as well as reduce the time you spend on assignments.

### Utilize Shrewd Planning

Thirdly, you need a plan that works for you. All your goals should be reasoned, structured, and attainable. A SMART system or other similar models will help you with this.

A complete understanding of these three components is crucial to successful studying, although they may appear time-consuming at the beginning. As a result, you gain a great benefit from them because your homework has been done fast, properly, and on time since then. All you need is to make a firm decision, follow your aims, and not delude yourself.

### The Habits You Should Avoid

One more thing required to improve your performance, reach the results and become better is avoiding habits that discourage all your attempts. Every student should discern such distracting actions, and the occurring problem here is the ability to specify and remove them. Curious to relate, we instinctively know what should be done in most cases, but things we shouldn't do quite often remain

unclear. As a result, lots of factors waste our time and lead to an unsatisfied outcome.

Let's take a look at social networks. It seems that spending 5 minutes is a trifling matter that doesn't take much time. However, after installing a simple time-tracker, you will see that you spend hours browsing social networks without noticing. That's one of the main time-consuming factors, and it distracts us day by day.

Anyway, things that absorb our time without remorse are worthy of special attention and will be thoroughly analyzed in our next guide. Join our mailing list to be one of the first readers and find out how to give a new meaning to your daily routine.

We'll be grateful for your sincere feedback! Please share your thoughts and concerns by emailing us: [contact\\_us@colleghomeworktips.com](mailto:contact_us@colleghomeworktips.com).

Remember that it's really possible to cope with college assignments! You know what to do! Believe in yourself, and you'll be bound to succeed!

